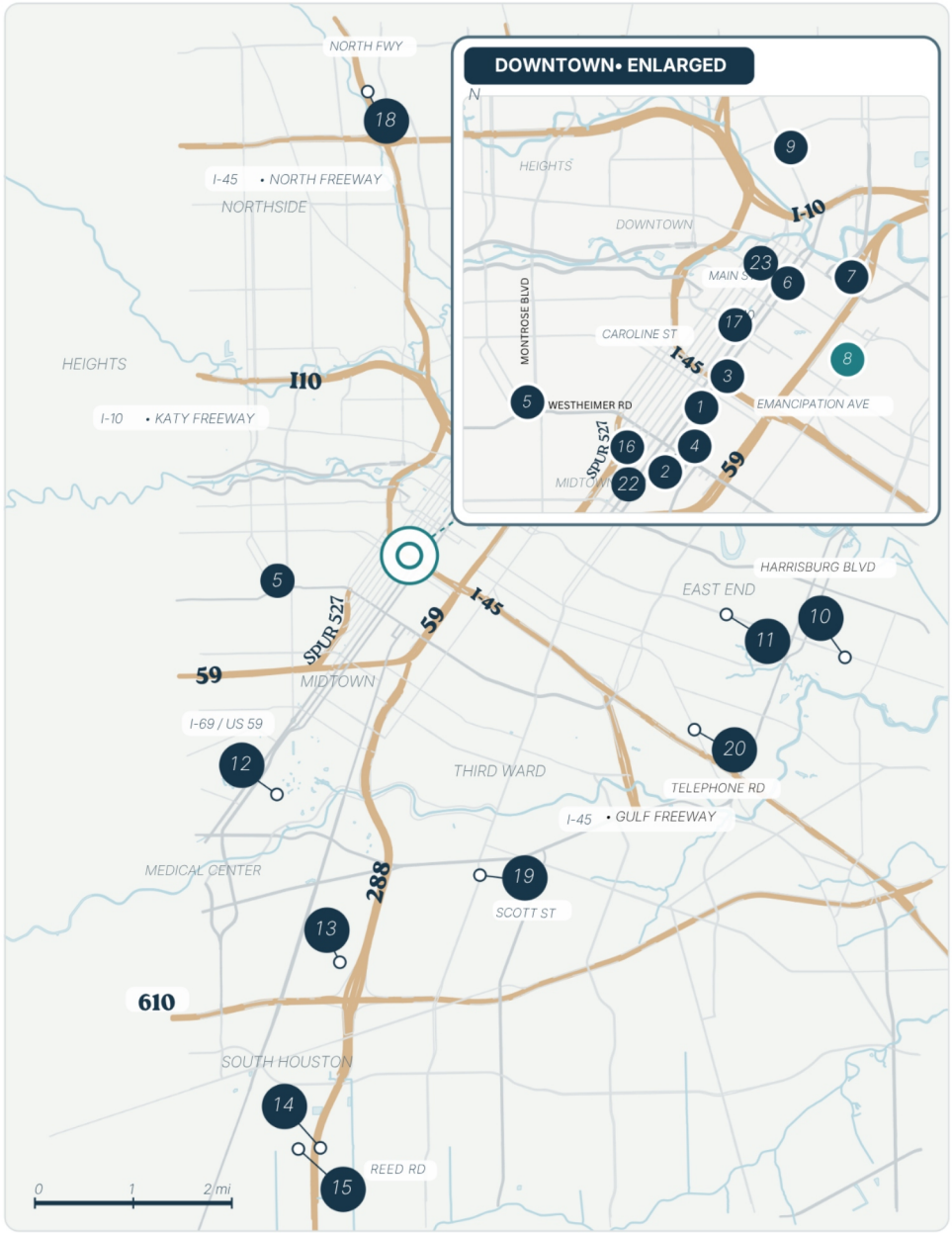
HOUSTON, TEXAS • *COMMUNITY RESOURCE GUIDE*

Find Local Help



The Lamp Project - Community Outreach *832-617-2953 • thelampprojecthouston@gmail.com • thelampproject.org*

FOLD

THE LAMP PROJECT • *COMMUNITY HOPE IN ACTION*

Community Resource Directory

1. **PATH / Bristow**
   Behavioral Health Mon- Fri 7am-4pm
   2627 Caroline St, 77004
   Phone: 713-970-7413

2. **St. Joseph House**
   Mental Health Day Center Mon-Fri 8am-4pm
   3307 Austin St, 77004
   Phone: 713-523-5958

3. **Healthcare for the Homeless**
   Healthcare
   1934 Caroline St, 77002
   Phone: 713-286-6000

4. **Magnificat House**
   Temporary Housing Mon-Fri 8:30am-4pm
   1410 Elgin St, 77004
   Phone: 713-529-4231 ext. 1

5. **Legacy Montrose**
   Healthcare Mon-Fri 8am-4pm
   1415 California St,77006
   Phone: 832-548-5100

6. **Cathedral Clinic / Beacon**
   Healthcare/ Outreach Services
   Mon-Thur 8-5pm Fri- 8-12pm
   1212 Prairie St, 77002
   Phone: 713-220-9730

7. **Star of Hope - Men**
   Men's Emergency Shelter Mon-Fri 8am-2pm
   1811 Ruiz St, 77002
   Phone: 713-748-0700

8. **419 Emancipation**
   Shelter / Stabilization (Must Call)
   419 Emancipation Ave, 77003
   Phone: 713-970-7000

9. **The TX Bunk House**
   Low-Cost Men's Lodging (Must Call them)
   1803 Everett St, 77009
   Phone: 713-237-9988

10. **24/7 Club**
    Detox / Recovery
    126 Forest Hill Blvd, 77011
    Phone: 713-237-9988

11. **Open Door Mission**
    Residential Recovery Mon-Fri 8am-4pm
    (Call for Intake) Free Men's recovery Program
    5803 Harrisburg Blvd, 77011
    Phone: 713-921-7520

12. **Ben Taub**
    Hospital/ Emergency
    1504 BenTaub Loop,77030
    Phone: 713-873-2000

13. **HAWC**
    Domestic Violence Services (Must Call)
    3077 El Camino St, 77054
    Phone: 713-528-2121
    Phone: Sexual Assult Hotline: 713-528-7273

14. **HHH Reed Family Clinic**
    Mon-Thur 8-4:30pm; No appts 12pm-1pm
    2605 Reed Rd, 77051
    Phone: 713-532-9901

15. **Star of Hope Women/Family**
    Women / FamilyShelter Intake: 8am-3pm
    2575 Reed Rd, 77051
    Phone: 713-222-2220

16. **Holy Rosary Catholic Church**
    Outreach Location Wed 9-11am
    Coffee, Hygiene, Food, prayer Clothing
    3617 Milam St, 77002

17. **Lifeline**
    Outreach Location Mon & Wed 9am-11am
    Coffee, Food, Clothing, Bible study (first 50)
    1320 Main St, 77002
    Phone: 832-668-1873

18. **Food Stamp Office - North Freeway**
    SNAP / Benefits Mon-Fri 8-5pm
    3880 North Fwy
    Phone: 713-699-1098

19. **Food Stamp Office - Scott Street**
    SNAP / Benefits Mon-Fri 8am-5pm
    6124 Scott St, 77021 Phone:
    Phone: 713-748-8450

20. **Food Stamp Office - Telephone Road**
    SNAP / Benefits Mon-Fri 8am-5pm
    2110 Telephone Rd,77023
    Phone: 713-921-5108

21. **Salvation Army**
    Detox / Recovery Mon-Fri 8am-6pm
    Intake: 10am-3pm (Arrive early)
    1015 Hemphill St, Houston, TX 77007
    Phone: 713-921-5108

22. **Lord of the Streets LOTS**
    Outreach Services Mon- Fri 8-12pm
    Food, Mail, Clinic, Bible Study, Housing, Clothing
    3401 Fannin St., 77004
    Phone: 713-526-0311

23. **Voter Registration Office**
    Mon, Tues, Thurs, Friday 8AM-4:30PM
    1001 Preston St. Houston 77002
    Phone: 713-724-8000

THE LAMP PROJECT • *COMMUNITY HOPE IN ACTION*

What to Expect:

FOLD

thelampproject.org | Consider becoming a monthly partner

1 PATH / Bristow
Arrive early — around 6:30 AM. The first 4 people may receive a shower. Intake/services run Mon–Fri, 7 AM–4 PM. Services include counseling, medication/psychiatry, lockers, showers, meals, housing assistance, and a safe place during the day.

4 Magnificat House
Go in person and submit an application. May provide a 15-day stay while working toward longer-term placement. A TB test is required. TB testing may be available through Harris Health at LOTS. Can connect residents with programs such as St. Joseph House for daytime activities.

7 Star of Hope
Call/check for bed availability. Initial stay may be up to 30 days. Program rules must be followed. Longer-term programs lasting several months may be available after the initial stay.

8 419 Emancipation
A law-enforcement officer must take you to the facility. Ask a constable/officer or HPD Homeless Outreach Team (HOT) for assistance. Bed availability is not guaranteed. Services may include a bed, showers, food, mental-health support, and healthcare connections through The Harris Center.

9 The Bunk House
Call first for availability. Temporary lodging is $16/night, cash only. Includes a bunk, shower, and locker. House rules must be followed. Can house 70 men at a time. Safe and secure.

10 24/7 Club
Call first for detox-bed availability. Limited detox beds are available. AA/public meetings are held throughout the week. After completing the 15-day detox program, they may help connect you with a longer-term recovery program.

11 Open Door Mission
Call about the intake process and complete an application. Offers a structured, longer-term recovery program lasting several months.

13 HAWC
Provides help for women experiencing domestic violence, including safety support and connections to services. Call for assistance and information about available options.

15 Star of Hope Women Shelter
Shelter for single women and families with children. Admission based on bed availability. Provides meals, shelter, and supportive services. 8am intake. (Arrive early)

21 Salvation Army
Intake: 10 AM–3 PM. Arrive early. First come, first served. If a bed is available, they offer a free 6-month recovery program. Additional resources.

22 LOTS
Mon-Fri: 8-12pm. Comprehensive serves included meals, showers, housing , eye care , Bible studies. Additional services.

